



V ENCUENTRO

DISCÍPULOS MISIONEROS: TESTIGOS DEL AMOR DE DIOS
MISSIONARY DISCIPLES: WITNESSES OF GOD'S LOVE



CATHOLIC CONNECTION! ¡ENCUENTRO CATÓLICO!



V ENCUENTRO

MISSIONARY DISCIPLES: WITNESS OF GOD'S LOVE

ADOLESCENT ADAPTATION

ADOLESCENT ADAPTATION OF V ENCUESTRO SESSIONS

#1



SESSION #1: Called to a Loving Encounter with Jesus in the Church

- Symbols: Blindfolds, V Encuentro Mission and Consultation Journal
- Objectives:
 - Share experiences of encounter with Jesus and how he seeks us out first so we can see
 - Deepen our understanding our baptismal call to be missionary disciples
 - Prepare as missionary disciples to give priority to those who need it most

GAME/ICEBREAKER (both games below are circle games and require you starting in a circle)

- Picnic Icebreaker {POSSIBLE SUPPLIES NEEDED: NONE}
 - Tell participants you are going on an imaginary picnic. Ask the participants to go around the room introducing themselves by saying their names and a food to bring that begins with the first letter of the name. (I'm Greg and I'm bringing grapes.) The next person must give the names and foods of everyone who came before, then his/her own name (That's Greg and he's bringing grapes; I'm Alice and I'm bringing apples.) Facilitators usually go last, so that they have to repeat everyone's name
- Toss-Ball Icebreaker {POSSIBLE SUPPLIES NEEDED: 1-2 nerf foam balls, possible name tags}
 - Start with everyone having a name tag and have facilitator begin and say I'm Andy and I'm throwing the ball to Sally. Sally then throws it to someone else mentioning them by name. Then have people start taking name tags off and still passing ball around. (Variation #1: introduce a second ball to make the game fun and hectic. Variation #2: Don't use nametags, just begin by saying your name out loud a few times and tell them to remember the names)

SONGS/VIDEOS (there are already suggestions of songs those are encouraged or below are additional and/or replacement options)

- Amazing Grace – Lyrics: "...I once was lost, but now I'm found, was blind but now I see..."
 - YouTube Video - 4:42min <https://www.youtube.com/watch?v=tGlMd53So0A>
 - NOTES: you can play this in the background as people walk in OR play this as part of the opening prayer (w/Prayer of V Encuentro) OR End the session with this prayer. So that we don't fear and go out with Amazing Grace.
- The Lost are Found (Hillsong)- Lyrics – "...the lost are found, the blind will see, the lame will walk, the dead will live, You are God Forever you will reign"
 - YouTube Video – 7:59min (starts at 2:41) https://www.youtube.com/watch?v=M_3f5WW-vzo
 - NOTES: you can play this in the background as people walk in OR play this as part of the opening prayer (w/Prayer of V Encuentro) OR End the session with this prayer. So people can take the power of God with them.

Christ Has No Body

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
Compassion on this world,
Yours are the feet with which he walks to do good,
Yours are the hands, with which he blesses all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are his body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world.
Christ has no body now on earth but yours.

ADOLESCENT ADAPTATION OF V ENCUENTRO SESSIONS

VIDEOS

- Latino or Hispanic - <https://www.youtube.com/watch?v=KBDGwB50YBY> (2:44min)
 - Description: A video that highlights the various Latinos/Hispanics that exists in our community. Which one do you identify with? Ask the participants how do they identify and do they know their friends?
- The Power of Words - <https://www.youtube.com/watch?v=Hzgzim5m7oU> (1:47min)
 - Description: A video that shows how our words and observations make a difference. Our invitation in this session to speak to someone, observe. Let's go show love with our words.
- 1st Generation vs 2nd Generation Mexican - <https://www.youtube.com/watch?v=3OWs4VEcbxQ> (3:54min)
 - Description: A video that shows how 1st, 2nd and 3rd generations differ (caution – has some bad words)

NOTES

- For Introduction Session Biblical Reading you can do one of two things:
 - #1. Have a Bible/Printed Sheets for everyone so they can follow along Luke 24:13-15 / Luke 10 OR
 - #2. Have enough blindfolds for everyone to put them one when you read the Gospel passages out loud (consider reading it at least twice so people can hear the words)
- Create a hashtag so that you can share your stories or ideas etc.

Déjame Roto

Quiero que al verme roto
Te acuerdes de tantos hermanos tuyos
Que están como yo, rotos, aplastados,
Indigentes, oprimidos, enfermos, mutilados...

Sin brazos, por que no tienen posibilidades
Ni medios de trabajo; sin pies, por que
Les han bloqueado los caminos;
Sin cruz, por que les han quitado la honra,
El honor y el prestigio.
Todos los olvidan y les vuelven la espalda
Aunque son como yo... UN CRISTO ROTO.

From The Cristo Roto Sanctuary Tour

#2



ADOLESCENT ADAPTATION OF V ENCUENTRO SESSIONS

SESSION #2: With Words & Actions: Do it!

- Symbols: Bottles of Water
- Objectives:
 - Share the mission experience carried out during the week
 - Share difficult moments and life dreams among group members
 - Experience the power of active listening as a way to get involved and participate in a process of consultation
 - Prepare ourselves for mission with people in the periphery, especially reaching out to young people.

GAME/ICEBREAKER (both games below are circle games and require you starting in a circle)

- Cups & Downs {POSSIBLE SUPPLIES NEEDED: 3x the number of cups, recommended - speaker to play music}
 - Divide up your team into “ups” and “downs” (every other person) and place cups in the middle of the circle/table some in the up position others in the down position. You will give them 45 seconds and when you say “STOP – HANDS UP” they must show their hands. (You can play music instead of just counting the time down). Their objective is to be the winning team with the most number of cups UP or DOWN. You can do 3-4 rounds. The goal is to act, since the theme of the session is With Words and Actions: Do It.
- Hot Potato & Charades {POSSIBLE SUPPLIES NEEDED: Hot Potato or alternative AND bowl with pieces of papers with actions steps and recommended – speaker to play music}
 - Pass the “hot potato” around while music is playing and when it stops, that person must reach into a bowl/jar/basket and read out loud what their action will be for the rest of the game when the potato is passed to them. Feel free to adapt it to your community or to make the action only done once. Possible Actions – bark like a dog for 5 seconds, do 5 jumping jacks, say the our father out loud, run around the circle, make loud elephant/monkey noise, dance for 10 seconds, sing a line of your favorite song.

“Let nothing disturb you, Let nothing Frighten you, all things are passing away. God never changes!”
- St Teresa of Avila

SONGS/VIDEOS (there are already suggestions of songs those are encouraged or below are additional and/or replacement options)

- Lord you have Come to the SeaShore – Lyrics: “...Lord you have spoken my name...”
 - YouTube Video - 4:21min <https://www.youtube.com/watch?v=Kdsab4mm4nI> Alternative Version <https://www.youtube.com/watch?v=l6JH3OQzzBA>
- Can't Stop the Feeling Lyrics: “Got this feeling in my body...”
 - YouTube Video - 4:45min <https://www.youtube.com/watch?v=ru0K8uYEZWw> (Short Trolls version w/lyrics 1.26min <https://www.youtube.com/watch?v=8bEvjjiNqFsl>)

VIDEOS

- Thai Commercial - <https://www.youtube.com/watch?v=cZGghmwUcbQ&t=72s> (3:05min)
 - Description: Great commercial of our actions as small as they are make a difference to many people. We are called to be those people with words and actions!
- Skit Guys “Our Mess – God’s Masterpiece” - https://www.youtube.com/watch?v=1EF189_Hv8U (2:30min)
 - Description: A video that reminds us that there is someone that can make all our challenges and fears. Jesus makes them make sense

“No Temas...¿No estoy yo aqui que soy tu madre?”
- Our Lady of Guadalupe to St. Juan Diego

#3



ADOLESCENT ADAPTATION OF V ENCUENTRO SESSIONS

SESSION #3: Walking Together with Jesus

- Symbols: Bible & V Encuentro Wristband
- Objectives:
 - Share about the missionary experience following the previous session, including the results of the consultation
 - Use the scripture to interpret life & inspire hope
 - Learn more about the spirituality of accompaniment
 - Prepare for missionary action with emphasis on kerygma

GAME/ICEBREAKER

- Drawing a House Together {POSSIBLE SUPPLIES NEEDED: Paper & Pencils/Pens}

- Partner off every participant in your small group and give them one paper and one writing utensil. When you say "GO," they have to draw for 45 seconds a house with as many details as possible using one writing instrument and being held by both people. After they show off their masterpieces – do it one more time but this time give them 30 seconds to talk about it first. NOTES: Highlight the importance of talking, planning and working together, Jesus wants to paint with us too.

"Faith is passed on by contact, from one person to another, just as one candle is lighted from another."
- Pope Francis

SONGS/VIDEOS (there are already suggestions of songs those are encouraged or below are additional and/or replacement options)

- Chris Tomlin Good Good Father – Lyrics: "...You're a good good father, its who you are ..."
 - GodTube Video - 4:56min <http://www.godtube.com/watch/?v=YLYKGGNX> Alternative Version on YouTube https://www.youtube.com/watch?v=-_m5ZWchiZo
- Un Dia Caminaba – Lyrics: "...Y aqui esta mi vida y mi voz para cantar, para alabarte Señor..."
 - YouTube Video - 8:16min <https://www.youtube.com/watch?v=-dvleCWnTfY>
- I will Follow Chris Tomlin– Lyrics: "I will trust in you alone, where you go I will go"
 - YouTube Video - 4:43min <https://www.youtube.com/watch?v=d6GLpRci6OA> or <https://www.youtube.com/watch?v=g02mOpdNDtY>

VIDEOS

- Odb Word of Mouth - <https://www.youtube.com/watch?v=eTvu5GBKuTU&t=3s> (4:59min)
 - Description: A Powerful video on gossip and how we can stop the cycle!
- Skit Guys "God's Chisel" - https://www.youtube.com/watch?v=qS_yRy5EYQk (11:34min)
 - Description: Video that really pushes the envelope of who we are and what we bring to God and how he makes everything better, if we allow it.
- Logan the Sky Angel - <https://www.youtube.com/watch?v=juEACGmrXC8> (2:17min)
 - Description: A Powerful video understanding God and running to him

FOOTPRINTS IN THE SAND

One night I dreamed a dream. As I was walking along the beach with my Lord. Across the dark sky flashed scenes from my life. For each scene, I noticed two sets of footprints in the sand, One belonging to me and one to my Lord. After the last scene of my life flashed before me, I looked back at the footprints in the sand. I noticed that at many times along the path of my life, especially at the very lowest and saddest times, there was only one set of footprints. This really troubled me, so I asked the Lord about it. "Lord, you said once I decided to follow you, You'd walk with me all the way. But I noticed that during the saddest and most troublesome times of my life, there was only one set of footprints. I don't understand why, when I needed You the most, You would leave me." He whispered, "My precious child, I love you and will never leave you Never, ever, during your trials and testings. When you saw only one set of footprints, It was then that I carried you."

#4



ADOLESCENT ADAPTATION OF V ENCUENTRO SESSIONS

Session #4. Bearing Fruits of New Life

- Symbols: Candle (light), Bread (shared)
- Objectives:
 - Share the personal and communal fruits gathered during the past three weeks
 - Identify the fruit that remain to be cultivated in the faith community and the neighborhood where the parish is located
 - Reflect about the fruits of the Holy Spirit and their transformational power
 - Prepare for missionary action this week

GAME/ICEBREAKER (both games below are circle games and require you starting in a circle)

- Finish my Story {POSSIBLE SUPPLIES NEEDED: none OR uses string}
 - Begin by starting a story for 1-2 minutes, allows someone else to add to the story. (if using a string, pass the string along as each person is sharing.) We bear fruit when we are connected. This full story was made by bearing fruits.
- Making a tower {POSSIBLE SUPPLIES NEEDED: spaghetti and marshmallows OR straws and tape OR 3x5 cards }
 - Divide up the team in half and give them equal number of materials (see above). They have 5 minutes to create the tallest building. (ADAPTATION: Give more or less time OR give more or less materials)

“I am the vine, you are the branches. If you remain in me and I in you, you will bear much fruit; apart from you can do nothing.”
- John 15:5

SONGS/VIDEOS (there are already suggestions of songs those are encouraged or below are additional and/or replacement options)

- Dios bendice a mi familia – Lyrics: “Dios bendice a mi familia...”
 - YouTube Video - 4:43min <https://www.youtube.com/watch?v=d6GLpRci6OA>
- Hail Mary – Gentle Woman – Lyrics: “You were chosen...teach us love”
 - YouTube Video - 4:30min <https://www.youtube.com/watch?v=RERoQ1biLdE>
- Somos el Mundo – Lyrics: ...Somos amor, somos el mundo, como la luz que alumbra con ardor...”
 - YouTube Video - 6:50min <https://www.youtube.com/watch?v=CtT2w3C8qL0> English Version - https://www.youtube.com/watch?v=EqGmN_epWRI

VIDEOS

- Homeless Man - https://www.youtube.com/watch?v=qS_yRy5EYQk (6:23min)
 - Description: A powerful video of a homeless man who gives everything for someone less fortunate than themselves. They bear fruit with their actions.
- Thai Commercial - <https://www.youtube.com/watch?v=bL9KEaike8U> (3:40min)
 - Description: Great commercial of a young man who is given food/medicine and 30 years later it bears fruit.

“A tree is known by its fruit; a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love.”
St. Basil

#5



ADOLESCENT ADAPTATION OF V ENCUESTRO SESSIONS

Session #5. Celebrating the Joy of Being Missionary Disciples

- Symbols: The V Encuentro Cross
- Objectives:
 - Share the wisdom learned from the missionary experience during the previous week
 - Celebrate an important event in the life of each member of the small group
 - Reflect on the importance of celebrating great and small events in life with gratitude and joy
 - Prepare for the fifth missionary action, with emphasis on celebrating.

GAME/ICEBREAKER (both games below are circle games and require you starting in a circle)

- Take a Step Forward {POSSIBLE SUPPLIES NEEDED: 3x the number of cups, recommended - speaker to play music}
 - Put participants in a straight line and have them stand shoulder to shoulder. Ask them various questions and to each question they respond by taking a step forward and returning to its place.
(Possible Questions "Take a step forward if..." #1. You've enjoyed this experience #2. You have made new friends #3. You have gotten closer to Christ through these meetings #4. You found sharing your faith hard #5. You are ready to be a missionary disciple #6. You have prayed regularly this week.... Add your own)

"We are all missionary disciples"
- Pope Francis

SONGS/VIDEOS (there are already suggestions of songs those are encouraged or below are additional and/or replacement options)

- How could you say No – Lyrics: "IS there any way you could say no to this man"
 - YouTube Video - 2:46min <https://www.youtube.com/watch?v=yFfg7W3c6w8>
- Juanes Juntos – Lyrics: "...Seamos uno amemos al mundo, no hay nada que no podamos juntos..."
 - YouTube Video - 3:23min <https://www.youtube.com/watch?v=VGhijvA4XTU>
- Go Make a difference – Lyrics: "go make a difference in the world...we can make a difference"
 - YouTube Video - 3:02min <https://www.youtube.com/watch?v=WDjQEoItGzQ>

VIDEOS

- Never Give up - https://www.youtube.com/watch?v=6kxSrPD__BA (10:00min)
 - Description: A video about how to never give up, that we all need to be pushed ... keep living our lives and be missionary disciples
- How to Start a Movement? Leadership Lessons from Dancing Guy – <https://m.youtube.com/watch?v=lbaemWlljeQ> (2:57min)
 - Description: A quick video that explains how a movement gets started, highlighting not the leader but rather the follower as being the most important. You can end with the fact that we are all follower (disciples) of Jesus. So let's be missionary disciples like our Lord!

"Every Catholic-Christian is called to go, every Christian is sent on a mission. There is no such thing as a Christian that's not called, or not sent! So that means YOU are called and you are being sent on a mission."

ADOLESCENT ADAPTATION OF V ENCUESTRO SESSIONS

CLOSING/OPENING PRAYER SUGGESTION

- Meditation Walk
 - Materials Needed: Markers
 - To Facilitate: Have teens write on the bottom of each shoe.

On the right one – write one thing they would like to let go of

On the left one – write one thing they would like to attain and/or receive

(i.e. Let go of fear, Let go of sin / attain peace, receive courage)

After everyone has finished labeling each shoe – explain that they will be walking quietly single file in a certain area around and around. While they are walking – as they step with the right foot they say to themselves what it is they want to let go of. As they step with the left foot – they say to themselves what they want to attain. They repeat this as a mantra over and over again as they continue to walk (about 5-10 minutes).

They come back together have them look at the bottom of their shoes. The marker should have faded. Help them to see that they have let go of what they wanted to let go of. On their left shoe what they wanted to attain – has been rubbed into them.



DIOCESE OF ORANGE

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